

# HOW TO WATCH

## 2021 Pac-12 Men's and Women's Cross Country Championships

### MEN'S AND WOMEN'S CROSS COUNTRY CHAMPIONSHIPS

Date	Time (PT)	Event	How to Watch
Fri., Mar. 5	11:00 a.m.	Women's Cross Country Championships	Pac-12 Networks, Pac-12.com, Pac-12 Now App
Fri., Mar. 5	12:00 p.m.	Men's Cross Country Championships	Pac-12 Networks, Pac-12.com, Pac-12 Now App

### PAST PAC-12 MEN'S CROSS COUNTRY CHAMPIONS

Year	Champion
2019	Colorado
2018	Stanford
2017	Stanford

### PAST PAC-12 WOMEN'S CROSS COUNTRY CHAMPIONS

Year	Champion
2019	Colorado
2018	Oregon
2017	Stanford

### HOW TO WATCH



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### Pac-12 Now + Pac-12.com



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### HIGHLIGHTS, RECAPS AND ADDITIONAL COVERAGE



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YouTube.com/Pac12